

**Gulf South Conference Indoor T&F Championships 2022****CrossPlex, Birmingham, AL - 2/15/2022 to 2/16/2022****Meet Program - Running Events****Event 17 Heptathlon: #1 Men 60 Meter Dash****Tuesday 2/15/2022 - 10:00 AM**

GSC Indoor R: 7.20 2/18/2020 Alex Shelter  
 CrossPlex: 6.75 3/12/2016 Zach Ziemek

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Section 1 of 2 Finals**

2	David Vick	FR	Montevallo	NT
4	Eli Brooks	SO	Lee (Tenn.)	NT
5	Trey McFarland	FR	Alabama-Hunt	NT
6	Stacen Cunningham	JR	Lee (Tenn.)	NT
7	Baker Schell	FR	Alabama-Hunt	NT

**Section 2 of 2 Finals**

1	Nate Boleware	SO	Montevallo	NT
2	Thomas Jordan	SR	Alabama-Hunt	NT
3	Daniel Surman	SR	Lee (Tenn.)	NT
5	Ryan Janson	SR	Montevallo	NT
6	Caleb Long	SO	Lee (Tenn.)	NT
8	Micah Flores	SO	Montevallo	NT

**Event 34 Indoor Pentathlon: #1 Women 60 Meter Hurdles****Tuesday 2/15/2022 - 10:30 AM**

GSC Indoor R: 8.84 2/18/2020 Nadia Davila  
 CrossPlex: 8.09 3/12/2016 Kendall Williams

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Section 1 of 2 Finals**

2	Brooke Long	JR	Lee (Tenn.)	NT
4	Liezl Theron	FR	Lee (Tenn.)	NT

**Section 2 of 2 Finals**

2	Lexi Walton	FR	West Georgia	NT
4	Ronni Vanzandt	SO	Alabama-Hunt	NT
6	Sydney White	FR	Lee (Tenn.)	NT

**Event 34 Indoor Pentathlon: #5 Women 800 Meter Run****Tuesday 2/15/2022 - 0:00 PM**

GSC Indoor R: 2:31.19 2/18/2020 Jordan Allison  
 CrossPlex: 2:12.41 3/12/2016 Amalie Iuel

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Section 1 of 1 Finals**

1	Liezl Theron	FR	Lee (Tenn.)	NT
2	Sydney White	FR	Lee (Tenn.)	NT
3	Brooke Long	JR	Lee (Tenn.)	NT
4	Lexi Walton	FR	West Georgia	NT
5	Ronni Vanzandt	SO	Alabama-Hunt	NT

**Event 7 Men 5000 Meter Run****Tuesday 2/15/2022 - 1:30 PM**

GSC Indoor R: 14:36.05 2/24/2021 Gabe Poulin  
 CrossPlex: 13:37.39 1/24/2021 Christian Noble

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Section 1 of 2 Finals**

1	Chris Webber	JR	Mississippi	NT
2	Drew Roberts	FR	Montevallo	15:39.26
3	Brayden Gonzalez	JR	Montevallo	15:55.94
4	Taylor Nails	FR	Alabama-Hunt	15:29.04
5	Braedon Methvin	FR	Mississippi	14:59.30
6	Anderson Gray	JR	Montevallo	16:17.16
7	Owen Marquardt	FR	Montevallo	16:09.43
8	Joseph Pitard	SO	Montevallo	15:28.05
9	Peyton Bailey	FR	Alabama-Hunt	16:22.25

**Section 2 of 2 Finals**

1	Gabe Poulin	JR	Mississippi	14:34.68
2	Harold LaCroix	SR	Alabama-Hunt	14:33.30
3	Hunter Kurz	JR	Mississippi	14:22.71
4	Christian Noble	SR	Lee (Tenn.)	13:52.59
5	Caleb Eagleson	SR	Lee (Tenn.)	14:24.51
6	Alex Herbst	SR	Alabama-Hunt	14:56.41
7	Casey Guthery	JR	Lee (Tenn.)	14:43.97
8	Carson Bix	JR	Lee (Tenn.)	13:56.73
9	Berket Mesele	SO	Christian Br	14:50.72
10	Sam Wilhelm	FR	Alabama-Hunt	14:36.74
11	Will Stone	SO	Lee (Tenn.)	14:36.99
12	Christian Balcer	FR	Mississippi	14:33.38

**Event 24 Women 5000 Meter Run****Tuesday 2/15/2022 - 2:30 PM**

GSC Indoor R: 16:55.48 2/24/2021 Toni Moore  
 CrossPlex: 15:15.21 3/11/2016 Molly Seidel

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Section 1 of 1 Finals**

1	Claudia Dassow	SO	Alabama-Hunt	18:38.55
2	Tatiana Padgett	JR	Alabama-Hunt	19:00.31
3	Danielle Horter	FR	Lee (Tenn.)	NT
4	Olivia McLain	SO	Lee (Tenn.)	18:02.57
5	Camilla Chambers	FR	Mississippi	18:49.03
6	Johanna Wistokat	JR	Christian Br	17:09.45
7	Madeline Campbell	SR	Mississippi	18:48.10
8	Toni Moore	SR	Lee (Tenn.)	16:57.03
9	Elizabeth Beckham	SO	Lee (Tenn.)	18:48.58
10	Josie Whipp	FR	Mississippi	19:01.18
11	Amelia Brady	FR	Alabama-Hunt	19:03.98
12	Elizabeth Heckman	FR	Lee (Tenn.)	19:32.63
13	Kiarra Walters	JR	Montevallo	19:17.68
14	Emily McMurry	SO	Alabama-Hunt	NT
15	Ana Watters	FR	Montevallo	19:22.85

**Gulf South Conference Indoor T&F Championships 2022**  
**CrossPlex, Birmingham, AL - 2/15/2022 to 2/16/2022**  
**Meet Program - Running Events**

**Event 8 Men 60 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 4 Best Times****Tuesday 2/15/2022 - 4:15 PM**

**GSC Indoor R:** 8.09 2/19/2020 Wilson McClain  
**CrossPlex:** 7.35 3/9/2019 Grant Holloway

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Caleb Long	SO	Lee (Tenn.)	8.85
2	Ryan Janson	SR	Montevallo	11.60
3	Shemar Patten	FR	Mississippi	8.15
4	Baker Schell	FR	Alabama-Hunt	8.57
5	Jeremiah McCain	JR	Lee (Tenn.)	8.16
6	Nate Boleware	SO	Montevallo	9.57
7	Joseph Heinz	FR	Christian Br	9.11
8	Micah Flores	SO	Montevallo	10.40

**Heat 2 of 2 Prelims**

1	Jeremiah Sims	FR	Shorter	8.24
2	Stacen Cunningham	JR	Lee (Tenn.)	8.44
3	Thomas Jordan	SR	Alabama-Hunt	8.92
4	Trey McFarland	FR	Alabama-Hunt	NT
5	Wilson McClain	SO	Alabama-Hunt	7.90
6	David Vick	FR	Montevallo	9.61
7	Demetrious Naugher	FR	Alabama-Hunt	8.97
8	Aleister Self	FR	Montevallo	9.87

**Event 25 Women 60 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 4 Best Times****Tuesday 2/15/2022 - 4:30 PM**

**GSC Indoor R:** 8.66 2/19/2020 Chelsea Walker  
**CrossPlex:** 7.89 3/12/2016 Cindy Ofili

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2	Kiffin Brun	FR	Montevallo	11.39
3	Ameah Richardson	FR	West Georgia	9.69
4	Tytavia Hardy	JR	Mississippi	8.66
5	Brooke Long	JR	Lee (Tenn.)	9.22
6	Kylie Carroll	FR	Montevallo	9.99
7	Liezl Theron	FR	Lee (Tenn.)	9.34
8	Sydney Goode	FR	Montevallo	11.96

**Heat 2 of 2 Prelims**

1	Camielle Milledge	SO	Shorter	9.35
2	Maniyah Thomas	SR	West Georgia	10.87
3	Kyah Crook	FR	Montevallo	10.40
4	Madlyn Mayo	FR	Lee (Tenn.)	NT
5	Hannah Wright	FR	Lee (Tenn.)	8.72
6	Chioma Uwaomah	FR	West Georgia	9.62
7	Ronni Vanzandt	SO	Alabama-Hunt	9.13

**Event 1 Men 60 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times****Tuesday 2/15/2022 - 4:45 PM**

**GSC Indoor R:** 6.86 2/24/2021 Kevin Turner  
**CrossPlex:** 6.47 3/12/2016 Ronnie Baker

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Trentavious Harris	SR	Shorter	6.96
2	Kevin Turner	JR	Shorter	6.79
3	Silusapho Dingiswayo	FR	Lee (Tenn.)	NT
4	Fabio Palmieri	SO	Mississippi	6.87
5	Nokia Masengu	FR	Lee (Tenn.)	7.12
6	James Sparks	FR	Shorter	NT
7	Nathan Grolleau	SR	Christian Br	7.01
8	Kaleb Fleming	FR	Montevallo	7.10

**Heat 2 of 2 Prelims**

1	Kyah Plummer	SO	Shorter	7.08
2	Elijah Williams	JR	Shorter	6.90
3	Ian Thomas	SR	Lee (Tenn.)	7.02
4	Michael Gizzi	FR	Alabama-Hunt	6.75
5	Ephraim Rolingson	FR	Alabama-Hunt	7.20
6	Shemar Patten	FR	Mississippi	6.90
7	Avry Zow	FR	Montevallo	7.48

**Event 18 Women 60 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Tuesday 2/15/2022 - 5:00 PM**

**GSC Indoor R:** 7.65 2/19/2020 Chelsea Walker  
**CrossPlex:** 7.07 3/3/2012 Gloria Asumnu

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	Kelechi Christian	FR	Mississippi	7.78
2	Dasani Minter	FR	West Georgia	8.03
3	Mia Culpepper	SO	West Georgia	7.81
4	Chandler Robinson	SO	Alabama-Hunt	7.96
5	Madison Rose	FR	Shorter	7.93
6	Krystalynn Oatman	SO	Alabama-Hunt	7.64

**Heat 2 of 3 Prelims**

1	Zakiria Holifield	SO	Alabama-Hunt	7.91
2	Janay Ryan	FR	Lee (Tenn.)	7.98
3	Kira Montefusco	SO	West Georgia	7.74
4	Baylie Murphy	FR	Lee (Tenn.)	7.75
5	Jaila Whitaker	SO	Lee (Tenn.)	7.97
6	Kylie Carroll	FR	Montevallo	7.85

**Heat 3 of 3 Prelims**

1	Erien Jones	FR	Shorter	8.13
2	Hannah Dunston	JR	West Georgia	7.81
3	Treneece Grimes	FR	Shorter	8.17
4	Kristen Blevins	JR	Lee (Tenn.)	7.62
5	Kyleeyah Whitehead	JR	Lee (Tenn.)	7.93
6	Ezra McCaw	SR	Mississippi	7.78
7	Kendall King	FR	Christian Br	7.93

**Gulf South Conference Indoor T&F Championships 2022****CrossPlex, Birmingham, AL - 2/15/2022 to 2/16/2022****Meet Program - Running Events****Event 2 Men 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 3 Best Times****Tuesday 2/15/2022 - 5:20 PM**

**GSC Indoor R:** 21.71 2/19/2020 Rakeem Wilson  
**CrossPlex:** 20.34 3/8/2019 Divine Oduduru

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Heat 1 of 5 Prelims**

3	Nathan Grolleau	SR	Christian Br	22.36
4	Kaleb Fleming	FR	Montevallo	23.44
5	Jeremiah McCain	JR	Lee (Tenn.)	21.95
6	Trentavious Harris	SR	Shorter	22.58

**Heat 2 of 5 Prelims**

3	Wilson McClain	SO	Alabama-Hunt	22.28
4	Marc Crespi	FR	Christian Br	22.16
5	Ephraim Rolingson	FR	Alabama-Hunt	22.95
6	Jaylen Jones	SR	Christian Br	23.20

**Heat 3 of 5 Prelims**

3	Ian Thomas	SR	Lee (Tenn.)	22.31
4	Jeremiah Sims	FR	Shorter	22.82
5	Octavious Buchanan	JR	Shorter	23.37
6	Kevin Turner	JR	Shorter	21.97

**Heat 4 of 5 Prelims**

3	Grayson Russell	FR	Alabama-Hunt	22.49
4	Michael Gizzi	FR	Alabama-Hunt	21.51
5	Silusapho Dingiswayo	FR	Lee (Tenn.)	NT
6	Robert Grames	SO	Mississippi	22.47

**Heat 5 of 5 Prelims**

3	Nokia Masengu	FR	Lee (Tenn.)	22.53
4	Fabio Palmieri	SO	Mississippi	21.52
5	Elijah Williams	JR	Shorter	22.37
6	Avry Zow	FR	Montevallo	23.89

**Event 19 Women 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 2 Best Times****Tuesday 2/15/2022 - 5:40 PM**

**GSC Indoor R:** 24.21 2/19/2020 Chelsea Walker  
**CrossPlex:** 22.47 3/12/2016 Felicia Brown

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

**Heat 1 of 6 Prelims**

3	Ezra McCaw	SR	Mississippi	25.02
4	Mia Culpepper	SO	West Georgia	26.88
5	Jaila Whitaker	SO	Lee (Tenn.)	26.37

**Heat 2 of 6 Prelims**

3	Kristen Blevins	JR	Lee (Tenn.)	24.92
4	Kira Montefusco	SO	West Georgia	26.40
5	Chandler Robinson	SO	Alabama-Hunt	26.68

**Heat 3 of 6 Prelims**

4	Talia Pfiefer	FR	Christian Br	26.31
5	Dasani Minter	FR	West Georgia	26.93
6	Hannah Wright	FR	Lee (Tenn.)	25.25

**Heat 4 of 6 Prelims**

3	Oriana Gee	FR	Christian Br	NT
4	Kendall King	FR	Christian Br	26.20
5	Zakiria Holifield	SO	Alabama-Hunt	25.51
6	Chelsie Burnett	JR	Alabama-Hunt	27.12

**Heat 5 of 6 Prelims**

3	Erien Jones	FR	Shorter	27.83
4	Hannah Dunston	JR	West Georgia	26.17
5	Treneice Grimes	FR	Shorter	27.97
6	Carissa Hall	FR	Lee (Tenn.)	25.96

**Heat 6 of 6 Prelims**

3	Kelechi Christian	FR	Mississippi	NT
4	Madison Rose	FR	Shorter	26.96
5	Baylie Murphy	FR	Lee (Tenn.)	26.23
6	Krystalynn Oatman	SO	Alabama-Hunt	25.27

**Event 10 Men Distance Medley****Tuesday 2/15/2022 - 6:00 PM****GSC Indoor R:** 10:11.19 2/18/2020 Lee (Tenn.)**J Herzog, J McCain, E Sandifer, C Noble****CrossPlex:** 9:27.27 3/11/2016 Oregon**M Maton, B Thiel, G Grosvenor, E Cheserek**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Section 1 of 1 Finals**

1	Mississippi	9:47.93
2	Montevallo	10:22.17
3	Lee (Tenn.)	9:43.39
4	Alabama-Hunt	10:07.03
5	Christian Br	NT

**Event 27 Women Distance Medley****Tuesday 2/15/2022 - 6:20 PM****GSC Indoor R:** 12:25.61 2/18/2020 Lee (Tenn.)**O McLain, J Whitaker, M Beeler, C Ritter****CrossPlex:** 10:53.43 3/11/2019 Oregon**A Gehrich M Dunmore, S Ejore J Hull**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Section 1 of 1 Finals**

1	Lee (Tenn.)	11:40.06
2	Mississippi	11:55.71
3	Shorter	NT
4	Christian Br	NT
5	Alabama-Hunt	NT
6	West Georgia	NT
7	Montevallo	13:19.03